

EA CATERING - EAT SMART WITH THE LUNCH BUNCH

LEANEY KITCHEN

*****DO NOT THROW THIS MENU OUT - IT ROTATES UNTIL FEB HALF TERM. KEEP IN A SAFE PLACE AT HOME*****

<u>WEEK</u>	<u>WK BEG</u>	<u>MON</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
1	28/8; 25/9; 23/10; 20/11; 18/12; 22/01	Savory Mince & Mashed Potato OR Italian Chicken & Tomato pasta with Garlic Bread Baton Carrots/ Salad <u>DESSERT:</u> Banana Yoghurt pot	Classic Margherita pizza OR Fish goujons in soft shell taco & zingy tomato salsa Baked beans/ salad/coleslaw Chips/ baked potato <u>DESSERT:</u> Strawberry Mousse & Fruit	Lunch bunch Chicken Curry & Naan Bread OR Chicken Panini Garden Peas/ sweetcorn Steamed rice/ oven baked wedges <u>DESSERT:</u> chocolate Sponge & custard	Hot dog OR Crispy Cod Fishcakes Tomato sauce/ coleslaw/ salad/ chips/ baked potato <u>DESSERT:</u> Fruit pot & Biscuit	Roast Chicken, stuffing, gravy Carrots & Parsnip/ savoy cabbage Mashed potato/ oven roast potatoes <u>DESSERT:</u> strawberry Jelly, ice cream, fruit
2	4/9; 2/10; 30/10; 27/11; 01/01; 29/01	Sausage roll OR Sweet & Sour chicken Spaghetti hoops/ garden peas Chips/ rice <u>DESSERT:</u> Ice cream, chocolate sauce, sliced pears	Pasta Bolognese with garlic bread OR BBQ Chicken Pizza Sweetcorn/ salad Oven roasted potato wedges <u>DESSERT:</u> Zesty orange sponge & custard	Lunch Bunch Chicken Curry & naan Bread OR Salad filled Pitta with pulled pork & Coleslaw Garden peas/ rice <u>DESSERT:</u> Fresh fruit salad & yoghurt	Beef Burger in a bap with tomato ketchup OR Pepper Chicken & Rice Sweetcorn/ Salad Chips/ rice <u>DESSERT:</u> Flakemeal Biscuit & fruit	Roast Pork, stuffing, gravy OR Salmon Cauliflower or broccoli and carrots Mashed potato/ oven roast potato <u>DESSERT:</u> Blueberry Muffin
3	11/09; 9/10; 6/11; 4/12; 8/01; 5/2	Golden Crumbed fish fingers OR Mighty Mac 'n' Cheese & garlic bread Baked beans/ coleslaw Chips/ mashed potato <u>DESSERT:</u> Artichoke roll & peaches & pears	Italian beef with crusty roll OR Pepperoni/ margherita pizza Garden peas/ salad Homemade diced potatoes <u>DESSERT:</u> Fresh fruit pot	Lunch bunch chicken curry & Naan Bread OR Steak Burger in a bap & Cheese Steamed Rice/ salad <u>DESSERT:</u> Lemon drizzle cake & custard	Tasty pork sausages/ tomato sauce/ gravy OR salt'n'chilli chicken wrap with garlic mayo Mini corn on the cob/ spaghetti hoops Chips/ mashed potatoes <u>DESSERT:</u> Melon Wedge	Roast Chicken, stuffing, gravy Carrots & Parsnip/ cauliflower cheese Mashed potato/ oven roast potatoes <u>DESSERT:</u> decorated fairy cake
4	18/09; 16/10; 13/11; 11/12; 15/01; 12/02	Beef Bolognese with garlic bread OR Cod Fishcakes with tartare sauce, garden peas/ oven baked potato wedges <u>DESSERT:</u> Melon, mandarin & pineapple pots with yoghurt dip	Ham & cheese or pepperoni pizza with garlic dip OR Tex mex beef & veg enchilada Sweetcorn & red pepper/ coleslaw Chips/ baked potato <u>DESSERT:</u> Jelly & mandarin oranges	Lunch bunch chicken curry & naan bread OR BBQ Chicken Wrap with crunchy salad Green beans/ steamed rice <u>DESSERT:</u> cornflake tart & custard	Oven baked chicken goujons OR sweet chilli chicken panini Salad/ baked beans Chips/ mashed potato <u>DESSERT:</u> homemade biscuit & fruit	Roast gammon, stuffing, gravy Broccoli/ turnip Mashed potato/ oven roast potatoes <u>DESSERT:</u> ice cream, pears & chocolate sauce

Milk, water, bread and fresh fruit available daily.

If you require any additional information on allergies or special diets please contact your school.

**Menu may change due to delivery changes.

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