


GARRYDUFF PRIMARY SCHOOL DINNER MENU - MENU ROTATES EVERY 4 WEEKS

	WEEK 1	WEEK 2	WEEK 3	WEEK 4
MONDAY	Breaded fish, mashed potatoes and peas	Sausage, bacon, beans, mashed potatoes Both: Arctic Roll & oranges	Chicken curry, naan bread, sweet corn, rice	Chicken bites, chips, mashed potatoes, peas, tomato sauce Both: Flapjacks and custard
	Rice pudding and peaches	OR: Salmon fishcake, peas, mashed potatoes	Orange sponge and custard	OR: Chicken and pasta bake, tossed salad, potatoes or chips
TUESDAY	Chicken bites and chips or mashed potatoes and beans Date krispie and custard	Beef burger, tomato sauce, chips or potatoes and sweet corn Flakemeal biscuit and fruit juice	BUFFET: Pizza fingers, chicken bites, sandwiches, vegetable sticks, pasta salad Chocolate cookie and orange wedges	Vegetable soup and beef burger Ice-cream, orange jelly and fruit
WEDNESDAY	Chicken curry, rice, naan bread and sweet corn Both: Chocolate muffin and fruit	Irish stew with wheaten bread Both: Chocolate brownie and custard	Pasta bolognaise, tossed salad, crusty bread Both: Drizzled cupcake and chocolate milkshake	Coddies, peas, mashed potatoes gravy or tomato sauce Chocolate brownie and custard
	OR: Ham and cheese pizza, sweet corn and tossed salad	OR: Sweet and sour chicken and naan bread	OR: Baked Potato, tuna, mayonnaise, tossed salad	
THURSDAY	BUFFET: Pizza fingers, cocktail sausages, sandwiches, vegetable sticks, pasta salad Shortbread biscuits and orange wedges	Chicken and ham pie, mashed potatoes, broccoli, gravy Chocolate cracknel and custard	Sausage, beans, chips or potatoes Pineapple delight and custard	MINI GRILL: Sausage, bacon potato bread, soda bread Popcorn cookie and fruit juice
FRIDAY	Roast pork, mashed and roast potatoes, carrots, turnip, stuffing, gravy Frozen chocolate yoghurt and fruit	Chicken, carrots, parsnips, mashed and roast potatoes, stuffing, gravy Frozen strawberry yoghurt, wafer, fruit	Roast gammon, carrots, peas, mashed and roast potatoes, stuffing, gravy Frozen fruit smoothie and fruit	Chicken, carrots, green beans, mashed and roast potatoes, stuffing, gravy Raspberry ripple ice-cream tub, fruit and wafer

 = Choice Day